

F.No. 21-06/2019-TS.V (iii)
Government of India
Ministry of Education
Department of Higher Education
Technical Section – V

New Delhi dated the 06th November, 2020

To

The Chairman
All India Council for Technical Education
Nelson Mandela Marg
Vasant Kunj, New Delhi-110070.

Subject- Activities and Campaigns in December 2020 under the aegis of Fit India Movement.

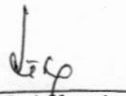
Sir,

Please find enclosed herewith a copy of d.o. no. K-15017/8/2020-MDSD (Pt.) dated 2nd November 2020 from the Secretary, MYAS on the subject mentioned above.

2. The AICTE may ensure that all HEIs participate and organise activities for students and staff as per the Activities attached alongwith the above mentioned d.o. letter. A report on such activities may be submitted to this Department.

Yours faithfully,

Encl.: As above.


(M. Sridhar)
Deputy Secretary to the Govt. of India
Tel: 011-23070660

रवि मित्तल, भा.प्र.से
सचिव

Ravi Mital, IAS
Secretary



सचिव
भारत सरकार
खेल विभाग
युवा कार्यक्रम और खेल मंत्रालय
Secretary
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

D.O. No.K-15017/8/2020-MDSD (Pt)

2nd November, 2020

Dear *Sri Khare*

Department of Sports, Ministry of Youth Affairs and Sports (MYAS) has planned a series of activities and campaigns in December 2020 under the aegis of Fit India Movement to promote fitness across the country.

2. The plan includes Fit India Thematic Campaign- "फिटनेस का डोज़- आधा घंटा रोज़", Fitness Assessment through Fit India App and Fit India Cyclothon with an aim to reach masses especially youths across the country through Higher Education Institutes (HEIs). Events/ Activities in which HEIs may be asked to participate and organize such activities for students and staff are enclosed herewith at annexure-1.

3. As a part of creating awareness and disseminating the message of Fit India Movement, I solicit your support to help reach the masses in December Fit India campaign through HEIs.

With regards,

Yours sincerely,

Ravi Mital
(Ravi Mital)
2/11

Shri Amit Khare
Secretary
(D/o Higher Education, M/o Education)
127-C, Shastri Bhawan
New Delhi - 110001

FIT INDIA CAMPAIGN- DECEMBER 2020



D/o Higher Education

Activity/ Event	Roles and Responsibilities
1) Fit India Thematic Campaign- virtual फिटनेस का डोज़ - आधा घंटा रोज़ (1 st December 2020 onwards)	Promotion of campaign on digital platforms of Department as well as HEIs.
2) Fitness Assessment through Fit India App (Date of launch of Fit India App will be communicated later)	All the professors/lecturers, staff, students to take their fitness assessment and encourage others to do so.
3) Fit India Cyclothon (7 th to 31 st December 2020)	Students/Professors/Lecturers/Staff/ families to participate adhering to social distancing guidelines.