

**Vishwakarma University (VU), Pune**  
**Bachelor of Science**  
**Department of Psychology 4 Years – 8 Semesters**  
**Full-Time Programme**  
**Effective from AY 2026– 2027**  
**Programme Structure (NEP)**  
**Programme Structure**

<b>Semester - I</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Foundation in Psychology
MC	Navigating Interpersonal Relationships
OE	Stress and Coping
SEC	Thinking and Creativity
AEC	English
VEC	Human Values and Professional Ethics
CC	Experimental Psychology

<b>Semester - II</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Lifespan Development
DSC	Social Psychology
MC	Psychology of leadership
OE	Conflict Resolution
SEC	Youth Gender and Identity
IKS	Contemplative Psychology
VEC	Environmental Studies
CC	Cyber Psychology and Tele Mental Health

<b>Semester - III</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Theories of Personality
DSC	Biopsychology and Human Anatomy
MC	Trauma Resilience and Coping
OE	Emotional Intelligence
SEC	Human Computer Interaction
CC	Environmental Psychology
CES	Community Mental Health

<b>Semester - IV</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Foundations of Abnormal Behaviour
DSC	Research Methodology for Behavioural Sciences
MC	Life coaching
VSC	Digital tool for Research
AEC	Modern Indian Language
CC	Forensic Psychology
FP	Community Behavioural Health Project

<b>Semester - V</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Psychology Practical: Experiments
DSC	Fundamentals of Counselling Psychology
DSC	Statistics for Behavioral Sciences
DSE	Geriatric Disorder
DSE	Guidance and Counselling
DSE	Consumer Psychology
MC	Healing the self
VSC	Applied Behavioural Analysis

<b>Semester - VI</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Psychology Practical: Tests
DSC	Psychological Testing and Measurement
DSC	Fundamentals of Industrial-Organizational Psychology
DSE	Psychotherapy
DSE	Counseling Special Populations
DSE	Positive Psychology at Work
MC	Minor Track Project
VSC	Evolutionary Psychology

<b>Semester - VII (Hons)</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Crisis Intervention & Psychological Resilience (Psychological First Aid)
DSC	Cognitive Psychology
DSE	Psychopathology
DSE	Counselling Skills & Techniques
DSE	Human Resource Management
DSE	Psychodiagnostics
DSE	Rehabilitation Psychology
DSE	Occupational Health and Wellbeing
PROJ	Major Project

<b>Semester - VIII (Hons)</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Neuropsychology
DSE	Alternative Psychotherapies
DSE	Integrative Approaches to Mental Health
DSE	Training & Evaluation
PROJ	Major Project
INT	Internship

<b>Semester - VII (Research)</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	IPR and Innovation Management
DSC	Cognitive Psychology
DSE	Psychopathology
DSE	Counselling Skills & Techniques
DSE	Human Resource Management
DSE	Psychodiagnostics
DSE	Rehabilitation Psychology
DSE	Occupational Health and Wellbeing
PROJ	Research Project-1

<b>Semester - VIII (Research)</b>	
<b>Course Type</b>	<b>Course Name</b>
DSC	Entrepreneurship Development
DSE	Alternative Psychotherapies
DSE	Integrative Approaches to Mental Health
DSE	Training & Evaluation
INT	Research Internship
PROJ	Research Project-2