

Extension Activity

Report

School of Pharmacy
Vishwakarma University
Pune-411048

Purpose

To celebrate International Women's Day at Mamata Bal Sadan for destitute orphans and Nirmal Seva Mahila Vrudhashram.

Vishwakarma University, School of Pharmacy, under extension activity organized and celebrated "International Women's Day" on 08th March 2022, Tuesday.

International Women's Day

The theme for International Women's Day, 8 March 2022 is "**Gender equality today for a sustainable tomorrow**". To celebrate the day of womanism we had selected "Mamata Bal Sadan" orphanage, Saswad, Pune & Nirmal Seva Mahila Vrudhashram, Hadapsar, Pune.

Both the places were full of women energy and positivity. Mamata Bal sadan gave the lesson of girls without parents and Nirmal seva mahila Vrudhashram parents without children touched to heart in depth. At the end realise both the extremities need love and care.

Following activities are executed by School of Pharmacy, Vishwakarma university:

1. Social awareness, adolescent girls education, hygiene management and distribution of hygiene material kit at Mamata Bal Sadan orphanage Saswad, Pune.
2. A free health check-up for old-age women will be conducted at Nirmal Seva Mahila Vrudhashram, Hadapsar, Pune

Objective

Activity was planned with following objectives-

- To spread awareness of gender equality and social support.
- To guide adolescent girls for hygiene management.
- To conduct free health check-up of old-aged women.

About Mamata Bal Sadan

"Mamata Bal Sadan" founded in 1994 by the famous philanthropic lady Smt. Sindhutai Sapkal with mission to bring up the orphans, destitute, distressed, children and women rehabilitation and provide them with basic necessities, also uplift the deprived section of the society and make them capable to live as respected human being. It is located at kumbharvalan, tal. Purandar, dist. Pune. Till now the achievements of institution around 40 years of social work, more than 750 awards, mother of more than 1050 orphan children, 207 sons-in-law and 36 daughters-in-law. The shelter, ration, cloths, education, medical needs etc of these children are a responsibility shouldered by this institution; this work not only stops here but continues until these children become capable of living an independent and responsible life of their own. Total strength of girls at present 52 girls (Age 7 to 23 years) and 15 facilitators resides in the Sadan.

About Nirmal Seva Mahila Vrudhashram

Nirmal Seva Foundation (NSF) located at 14/2B/2/17, tarawade vasti, Mohmmmedwadi, Pune-28. Total around 21 women residing in the NSF age range from 40 to 92 years. NSF people's non-government organization was established on 17th April 2016 by Nalini Dhende, who dedicated her life in aiming to improve the life status of disadvantaged people giving special priorities to women, children and old aged person. It is said that women in India is not safe at

her in-laws, she has to face various domestic violence problems at home in the hands of her husbands, in-laws. Hence this philanthropist lady made up her mind to help such women in distress, by providing them secure and safe life.

Complete agenda of the activity

Timings	Activity
10:30AM-12:00PM	Travelling from VU to Saswad, Pune
12:00-12:15 PM	Felicitation, International Women's Day, Speech of VU (Bouquet, First-aid kit) – Prof. Sonali Manwatkar & Prof. Shweta Ghodake
12:15-12:45PM	Awareness about self-defense by Students, good touch- bad touch & fun activities (Musical chair)
12:45-1:00PM	Distribution of gifts (hygiene material)
01:00-03:00PM	Lunch
03:00-04:00PM	Travelling to Hadapsar (Nirmal Seva Mahila Vrudhashram)
04:00-04:15PM	Felicitation, International Women's Day, Speech of VU (Bouquet, First-aid kit)- Prof. Bindurani LGP Ram & Prof. Preeti Mehta
04:15- 05:15PM	Free health checkup
05:15-05:30PM	Vote of thanks- Prof. Neeta Rai
05:30-06:00PM	Travelling back to VU, Kondhwa (Bk), Pune

Annexure attached

Annexure 01- Photos

Annexure 02- Appreciation letter

Annexure 03- Feedback

Annexure 04- Proposal approval





Convenor

Prof. Makarand V. Puri
HOD, School of Pharmacy

Co-ordinators:

1. Prof. Sonali Manwatkar
2. Prof. Shweta Ghodake
3. Prof. Neeta Rai

Members

1. Prof. Preeti Mehta
2. Prof. Bindu Rani Ram
3. Prof. Om Bagde

Students' co-ordinators

1. Vasudev Bendre
2. Chirag Khandelwal
3. Rajlaxmi Baswanti
4. Gargee Barhate
5. Samita Nikam
6. Srushti Parekh
7. Vedant Marda
8. Aditi Tembhone
9. Advait Hagwane
10. Sakshi Jain
11. Pratik Agiwal
12. Advait Hagawane

Annexure 01- Photos











Annexure 02-Appreciation letter

God, Teach us to Laugh But...Don't Let us forget... When we Cried...



Vanwasi Gopalkrushna Bahuuddeshiya Mandal

A/p. Shahapur, Tal. Chikhaldara (Hill Station), Dist. Amravati (Regd No.: Mah / 1554 / F 1677 / 1986)

MAMATA BAL SADAN (BALGRUH)

A/p. Kumbharvalan, Tal. Purandar, Dist. Pune 412 301. (Maharashtra), India
E-mail : mamatabalsadan@gmail.com Web : www.mamatabalsadan.org
Contact No.: 9822861872 / 9921667461

ORGANIZATION REGISTERED UNDER BENEFIT OF EXEMPTION U/S 80G | REGISTERED UNDER FCRA 2010

President / Founder - Dr. Sindhutai Sapkal (Maai) | Secretary - Mr. Deepak Gaikwad

Ref. No.: 109/2022

Date : 8.3.2022

To,

Mr./Mrs. *Vishwakarma University*
School of Pharmacy, Pune.

With Humble respect.

Subject:-Thanks Letter.

Respected Sir/Madam,

'Mamata Bal Sadan' an institute for the destitute, needy, poor and orphan girls, has been founded in 1994 by Maai, operated by Vanwasi Gopalkrushna Bahuuddeshiya Mandal. We tries to fulfill all the basic needs like shelter, education, good food, medical facility and healthy atmosphere.

'Mamata Bal Sadan' has 55 girls in the group of 6 to 18 years. We are very grateful for your donation in the form *Defence Arts skill for all girls* of *distribution gift for all girls & Lecture on Menstrual cycle*...Because of your generosity we are able to further our mission in bettering the lives of inmates.

Again, thank you for joining with Mamata Bal Sadan and for your continued generous support.

Thanking You.

Yours Faithfully

Happy Women's Day!

Amritasree

अधिका

ममता बाल सदन (बालगृह) ३
कुंभारवळण, ता. पुरंदर, जि. पुणे



निर्मल सेवा फाउंडेशन

नोंदणी क्र. पुणे/0000027/201८

पत्ता : सर्वे नं. ९४, राजीव गांधी कॉलनी, तरवडे वस्ती, पोलिस चौकीमागे, महंमदवाडी रोड, पुणे ४११०६०.
मोबाईल : 9762347085, 8421168498 | Email : nirmalseva2016@gmail.com

Date: 08/03/2022

संदर्भक्र:

दिनांक :

Vishwakarma University, Pune.

Subject: - Letter of thanks.

Respected,

Sir / Madam

Today, on the occasion of International Women's Day, on 08th March, 2022, a student from Vishwakarma University, Pune, came to Nirmal Seva Foundation (operated) Vriddhashram / Mahilshram and did a health checkup of the old people in our organization. The Nirmal Seva Foundation would like to thank all the grandmothers in the ashram for their complete health checkup, hemoglobin, BP, etc.

Thanks for Vishwakarma University...!



निर्मल सेवा फाउंडेशन करिता
अध्यक्ष
08/03/2022



Annexure 03- Feedback 01

PAGE No.	
DATE	/ /

दि: 08/3/2022

प्रति
विश्वकर्मा युनिव्हर्सिटी
स्कूल ऑफ फार्मसी, पुणे

मी मिनल सिंधुनाई सपकाळ 12th (sci) मध्ये शिकत आहे.
आज ममता बाल सदन मध्ये महिलादिनाबिमित्त
तुम्ही आम्हांला मासिक पाकी व Defence Arts बद्दल
उपयोगी माहिती सांगितली त्याबद्दल मी तुमचे शुभ
आभार मानते. आम्हांला सगळ्यांना शुभ छान वारले.

तुमच्या पुढच्या वाटचालीसाठी शुभ शुभ इत्यवाद !

तुम्हांला सवर्णा महिलादिनाबिमित्त पुढा ल्ळदा
शुभेच्छे।
इत्यवाद !

आपली विश्वासू
सपकाळ मिनल
ममता बाल सदन।

Annexure 03- Feedback 02

GoodLuck	Page No.
Date	

दि :- 8 मार्च 2022

बमस्कार . मी माया पवार . आज 8 मार्च महिला दिन . यानिमित्त विश्वकर्मा युनिवर्सिटी मधील कार्मिनी चे विद्यार्थी व प्राध्यापक यांनी आमच्या संस्थेला भेट दिली . त्यांनी महिला दिन निमित्त वेगवेगळे प्रोग्राम्स घेतले . त्यांनी आम्हाला मासिक पाळी बद्दल प्रेसेन्टेशन करून माहिती दिली . त्यामुळे आम्हाला समजले मासिक पाळी आल्या वर कशी काळजी घेयची तसेच स्वच्छता कशी करायची , त्यानंतर त्यांनी आम्हाला सेल्फ टिफेन्स बद्दल माहिती दिली तसेच चांगला स्पर्श कसा ओळखायचा वॉर्ड स्पर्श कसा ओळखायचा या बद्दल माहिती दिली . आम्हाला नक्कीच या माहिती चा भविष्यात उपयोग होईल . मी आमच्या संस्थेचा वतीने त्यांचे आभार मानते व त्यांना विनंती करते की असेच आम्हाला सहकार्य करावे .

धन्यवाद

महिला दिनानिमित्त शुभेच्छा .

(Maya)

Annexure 04- Proposal approval

Extension Activity

School of Pharmacy, Vishwakarma University, Pune-411048

Proposal

Purpose:

To celebrate International Women's Day at Mamata Bal Sadan for destitute orphans.

Day & Date of Activity: Tuesday, 08- March-2022

Strength of Mamata Bal Sadan- 52 girls (Age 7 to 23 years) + 15 facilitators

Address- A/o Kumbharvalan, tal. Purandar, Dist. Pune

About Extension activity

The theme for International Women's Day, 8 March 2022 is "**Gender equality today for a sustainable tomorrow**". To celebrate the day of womanism we have selected "Mamata Bal Sadan" orphanage. Under this activity we, School of Pharmacy, Vishwakarma university planning to organise different activities such as-social awareness, adolescent girls education and hygiene management, free health check-up and distribution of hygiene material.

Objective:

- 1) To spread awareness of gender equality and social support
- 2) To guide adolescent girls for hygiene management
- 3) To conduct free health check-up

About Mamata Bal Sadan

"Mamata Bal Sadan" founded in 1994 by the famous philanthropic lady Smt. Sindhutai Sapkal with mission to bring up the orphans, destitute, distressed, children and women rehabilitation and provide them with basic necessities, also uplift the deprived section of the society and make them capable to live as respected human being. Achievements of institution around 40 years of social work, more than 750 awards, mother of more than 1050 orphan children, 207 sons-in-law and 36 daughters-in-law. The shelter, ration, cloths, education, medical needs etc of these children are a responsibility shouldered by this institution; this work not only stops here but continues until these children become capable of living an independent and responsible life of their own.

Budget

Particulars	Quantity	Rate (Rs.)	Total Amount (Rs.)
Sanitary napkins	70	21.00	1470.00
Sanitizer	70	25.00	1750.00
Masks	70	10.00	700.00
First-aid kit	1	500.00	500.00

Gift box	70	10.00	700.00
Glucometer strips	70	10.00	700.00
Total			5820.00

Convenor

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HOD, School of Pharmacy

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2. Prof. Shweta Ghodake

Members

1. Prof. Preeti Mehta
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Students' co-ordinators

1. Vasudev Bendre
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4. Gargee Barhate
5. Samita Nikam
6. Srushti Parekh

Approved
2/03/2021

Prepared By

Prof. Sonali Manwatkar

Checked BY:

Head of Department

Prof. Makarand Puri

Organized By:

School of pharmacy

Vishwakarma University

Survey No. 2, 3, 4 Laxmi Nagar, Kondhwa (Bk.) Pune - 411048. Maharashtra, India