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# Expert Session Breast Cancer & Cervical Cancer Awareness 2022

Report

School of Pharmacy
Vishwakarma University
Pune-411048

Survey No. 2, 3, 4 Laxmi Nagar, Kondhwa Budruk, Pune - 411 048. Maharashtra, India.

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**Purpose:** To spread the awareness about the Breast & Cervical cancer.

# **Objectives:**

Activity was planned with following objectives-

- To spread awareness about Breast Cancer.
- To spread awareness about Cervical Cancer.
- Share the knowledge on primary self-inspection, care & treatment after diagnosis, etc

**Date:** May 2, 2022

Co-ordinator: Prof. Sonali Manwatkar

Attendees: 45 female faculty

### Introduction/About

On May 2, 2022, the School of Pharmacy at Vishwakarma University in Pune organized an awareness session on breast and cervical cancer. The session aimed to create awareness about these cancers, educate individuals on primary self-inspection, emphasize care, and shed light on the treatment's available post-diagnosis.

## **Key Objectives:**

Raise awareness about breast and cervical cancers.

Educate participants on self-inspection techniques for early detection.

Provide information on appropriate care measures.

Discuss treatment options available after diagnosis.

## **Session Highlights:**

The awareness session commenced with an introduction to the significance of understanding breast and cervical cancers. Dr. Prerana Kulkarni, a renowned expert in Gynecology & Obstetrics from Nag Foundation, elucidated the importance of early detection and regular screenings in combating these cancers effectively.



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### **Insights on Breast Cancer:**

Dr. Kulkarni provided insights into breast cancer, stressing the need for regular selfexaminations, mammograms, and clinical check-ups. She emphasized the importance of early detection and its impact on successful treatment outcomes.

# **Insights on Cervical Cancer:**

Understanding cervical cancer was elucidated, focusing on risk factors, symptoms, and the role of regular screenings such as Pap smears. Dr. Kulkarni also emphasized HPV vaccination as a preventive measure.



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# **Psychological Aspects:**

Ms. Rebecca DeSouza, a Psycho-oncologist from Nag Foundation, shed light on the psychological challenges faced by individuals diagnosed with breast or cervical cancer. She discussed coping mechanisms and the importance of mental health support during the cancer journey.

### **Conclusion:**

The awareness session on breast and cervical cancer organized by the School of Pharmacy, Vishwakarma University, Pune, proved to be informative and impactful. The insights provided by the expert speakers, Dr. Prerana Kulkarni and Ms. Rebecca DeSouza, highlighted the significance of early detection, proper care, and psychological support in the battle against breast and cervical cancers.

Participants left the session equipped with knowledge to perform self-inspections, seek timely medical attention, and understand the psychological aspects associated with these cancers. It was a significant step toward spreading awareness and empowering individuals to prioritize their health in the fight against these prevalent cancers.

Prepared By	Checked By
Prof. Sonali Manwatkar	Prof. Makarand Puri

Organized By: School of pharmacy

Vishwakarma University

Survey No. 2, 3, 4 Laxmi Nagar, Kondhwa (Bk.) Pune - 411048. Maharashtra, India