

Policy Title	Sports Policy			
Policy Number	VU/IQAC/010			
Responsibility of	Director, Physical Education and Sports			
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Number	Date By Main Changes		anges	
Revision # 1				

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- 1. **Purpose:** Vishwakarma University recognizes the importance of extracurricular activities, including sports, in students' overall development. These activities serve as a means for students to recharge, develop essential social skills, and learn to handle pressure. The university encourages students to actively participate in sports to promote physical fitness, personality development, and stress management.
- 2. Scope: Sports activities play a pivotal role in fostering physical fitness, intellectual growth, and reflective thinking. They contribute to students' scientific insight and social development. Therefore, sports are considered an integral component of a student's holistic education.
- **3. Statement:** Sports hold a significant position in the overall personality development of Vishwakarma University students. The university encourages all students to engage in interuniversity and intercollegiate sports activities. These activities are essential for students' social growth and, thus, deserve unwavering support.
- **4. Procedure & Responsibility:** Vishwakarma University is committed to providing adequate sports facilities and considers them essential for students' development. The university allocates a budget and infrastructure to implement this policy. Compliance with this sports policy is mandatory.
- **5.** Sharing with Local Community and Stakeholders: Vishwakarma University recognizes the importance of involving the local community, local stakeholders, and community members in its sports initiatives. The university actively explores opportunities to share its sports facilities and expertise with these groups. This collaboration aims to strengthen the bonds between the university, its neighbours, and the community. It fosters mutual growth, development, and a sense of togetherness.

## Sports Facilities: A. Indoor Games

- 1. Table Tennis
- 2. Carom Board
- 3. Chess Board
- B. Outdoor Games (Ground size: 1300 SQM) VU
  - 1. Cricket
  - 2. Volleyball
  - 3. Badminton
  - 4. Tug of War
- C. Open Gymnasium
  - 1. Parallel Bars set (complete) Adjustable double lock system
  - 2. Buck Horse Leather Top
  - 3. Gymnastic Bench
  - 4. Dumbbells Rubber coated
  - 5. Treadmill